LINARY ARTS WENONAH

Wenonah Series Celebrity Chef Series

All of the classes in our instructional cooking series will be hosted and presented by Wenonah's Pantry, located at 4301 S Texas Ave. Class size is limited to maintain a quality instructional program, so be sure to register early at CS Parks & Rec Office in Central Park. All of our classes are sponsored in part by Brazos Natural Foods, The Farm Patch, and The Fishman. Many thanks to our sponsors for making these quality classes a possibility. All class registrations will include a gift certificate for \$5 toward store merchandise the day of your class. We hope you enjoy our full line of Culinary Arts presentations.

Romantic Duet

Bud and Karen Royer from Royer's Round Top Cafe will present a pre-Valentine's Day cooking class. Surprise your sweetheart with this couple-oriented creative, romantic, cooking class. Let Bud and Karen show you everything you need to know for making that special dinner with a customized pasta dish, the cafe's recipe for their fabulous cheese soup, heart-shaped cherry tarts made with the chef's famous pie dough, and much more!

Saturday Jan 25 6-9pm \$30 class fee

Natural Foods Lifestyle

Marian Bell from Natural Foods Lifestyle, Houston, brings us a class with a chance to learn easy and scrumptious shortcuts to putting healthy meals on your table! All of her recipes are low fat, sugar and yeast free, as well as dairy and animal product free. She will also teach nutrition and how your eating habits can help you maintain a healthier lifestyle. Marian has been doing nutritional consultation for people who have allergies, low energy, hypoglycemia, and other problems.

Saturday March 1 11am-2pm \$40 class fee

Chinese Wok

Dorothy Huang Chinese cooking expert and author, presents this Basic Wok cooking class. Highlights will include wontons, Kung Pao chicken, stir-fried vegetables and fried rice. Explore the use of Chinese condiments, ingredients, and various cooking methods. Dorothy has established an outstanding reputation as a teacher in Houston, and has traveled all over the country to prepare delicious, healthy Chinese meals. Her cookbook, "Dorothy Huang's Chinese Cooking" will be available after class.

Saturday Feb 1 12noon - 3pm \$35 class fee

Delightful Fresh Fruits of Spring

Darren Glynn, a premier pastry chef from Houston, will lead you down a new path in pastries and specialized desserts. This class is customized to the colorful, flavorful fresh fruits of Spring. Darren's class will prove to be visually stimulating as well as sinfully delicious. Warning: This is not a health conscious class, just pure dessert, beautifully created by hand!

Saturday March 22 1-4pm \$35 class fee

Gourmet Grill

Diana Welsch, instructor and caterer from The Green Gourmet in Austin, will be her to share some of her great tasting ideas and culinary talents. She will be offering a grill class with a Mexican flair. The menu will include Mussels with Salso Butter, a grilled half chicken with Adobo Recado, Pico de Gallo, authentic Guacamole, black beans with Nopales served with fresh corn tortillas and seasonal fruit grilled in corn husks.

Saturday April 19 2-5pm \$42 class fee

How to Use Your Espresso Machine

Learn to use your espresso machine and make espresso, cappuccino and other speciality coffee drinks. From our coffee distributor, Country Coffees, we welcome an expert on espresso to help you master the art of coffee drink making in your own home. All supplies will be provided for this flavorful class. Two classes are offered.

Wednesday Jan 29 7:30-8:30pm Tuesday Feb 25 7:30-8:30pm \$15 class fee

Wenonah's Pantry, 4301 S Texas Ave, and Xtra Education have joined together to present a complete Culinary Arts Instructional Program for you. Registration for all classes will begin on Monday, Jan 20th at the Parks & Recreation Office located in Central Park. A great opportunity for everyone interested in pursuing their culinary interests.